# Cranial Electrotherapy Stimulation

Presentation to FDA
Neurology Panel
February, 2012

# Subjects to be Covered

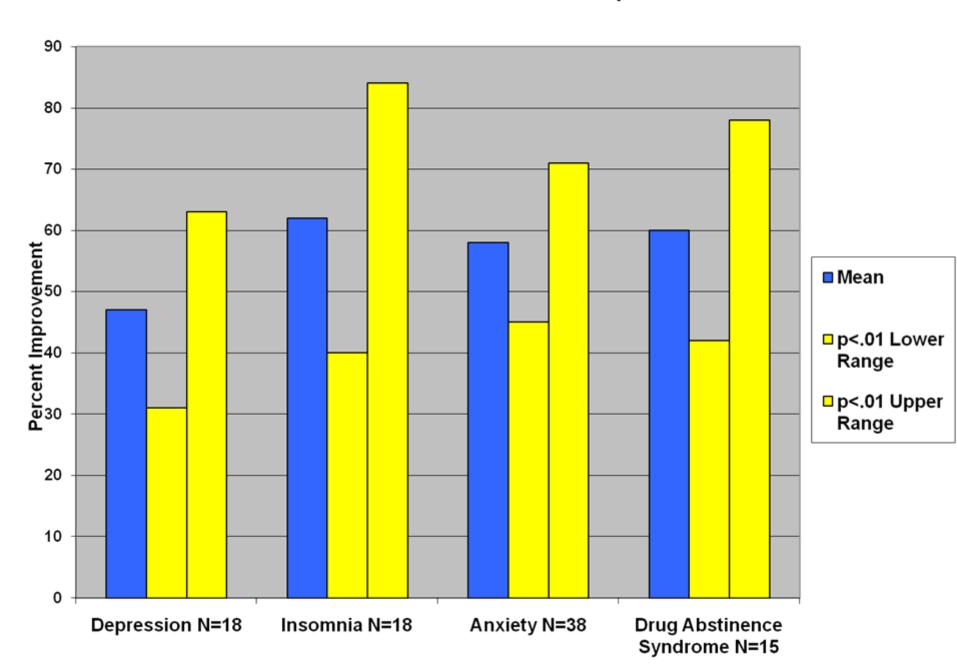
- 1. SUMMARY OF STUDIES
- 2. SUMMARY OF ADDICTION STUDIES
- 3. BLOOD PLASMA AND CSF STUDIES
- 4. MECHANISMS OF ACTION STUDIES
- 5. FOLLOW UP STUDIES
- 6. A LOOK AT THE SAFETY OF CES
- 7. RECOMMENDATIONS TO PANEL

# Summary of Studies

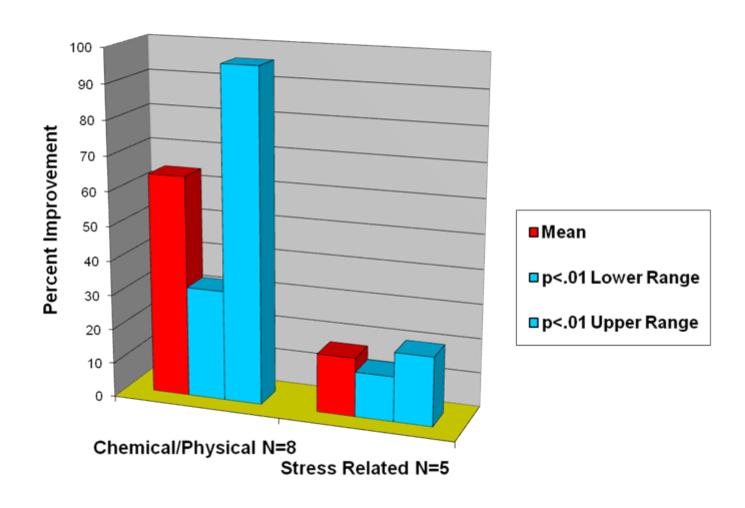
(Valid Scientific Evidence, 21 CFR 860.7 (C)(2))

- 1. Well Controlled Investigations
  - a. Double Blind
  - b. Single Blind
  - c. Crossover Studies
- 2. Studies and objective trials without matched controls
  - a. Open Clinical Trials

#### Treatment Effect Sizes Obtained, and Expected from Future Research

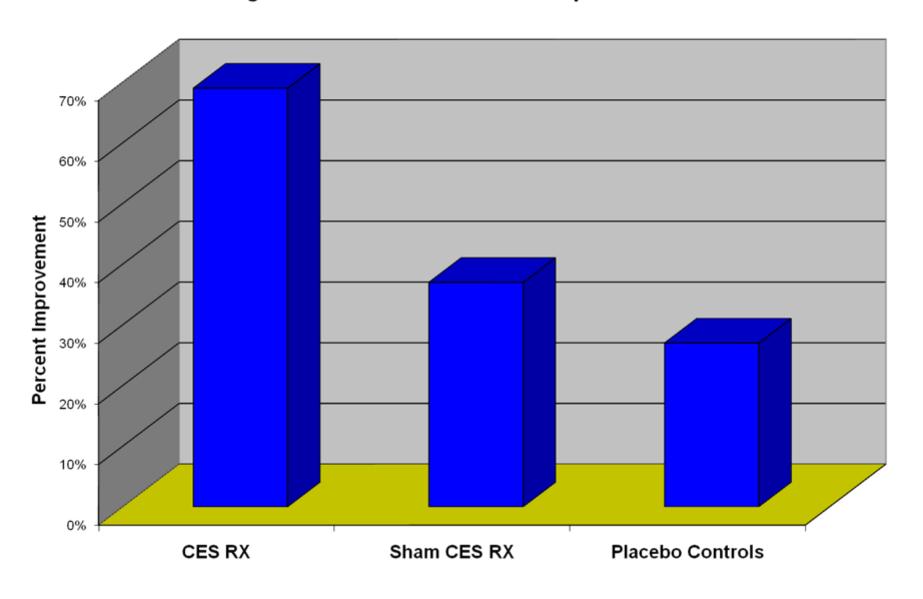


### The Effect of CES Treatment on Cognitive Improvement in Different Etiologies, and Prediction of Outcomes in Future Meta-Analyses

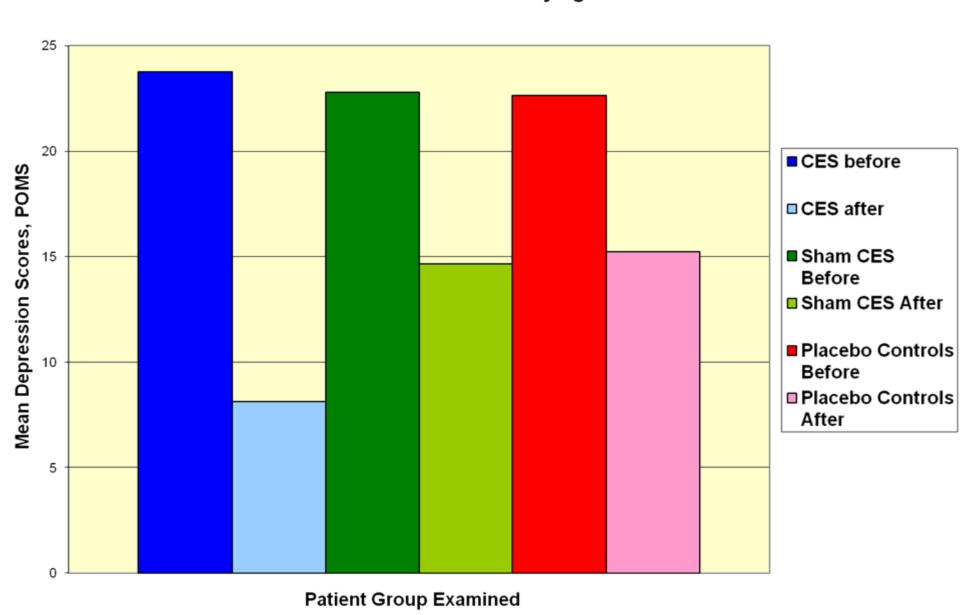




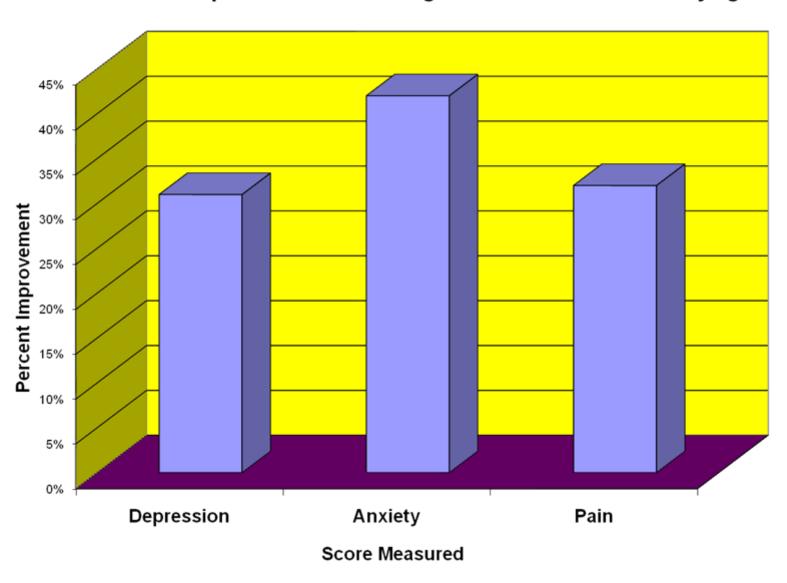
#### Measuring Placebo Effect in Four CES Depression Studies



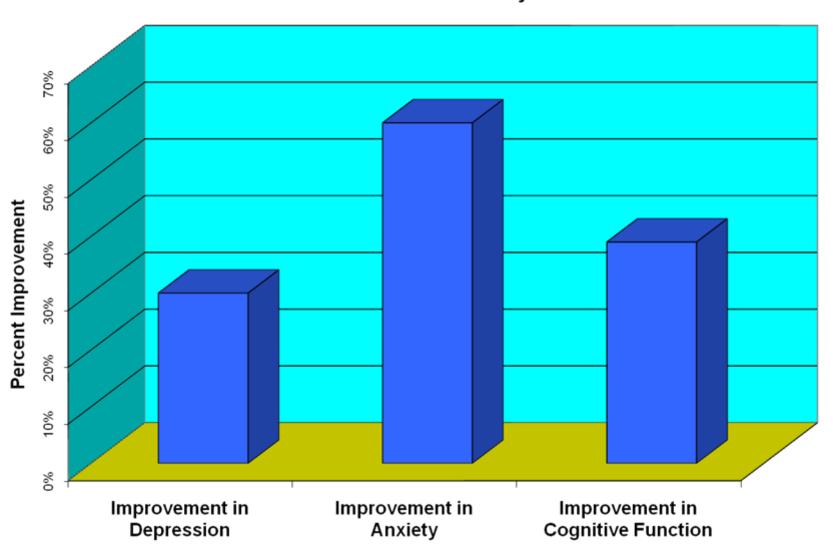
#### Treatment vs. Placebo Effect in CES Treatment of Depression In Five Fibromyalgia Studies



#### Improvements Following CES Treatment In Fibromyalgia Patients

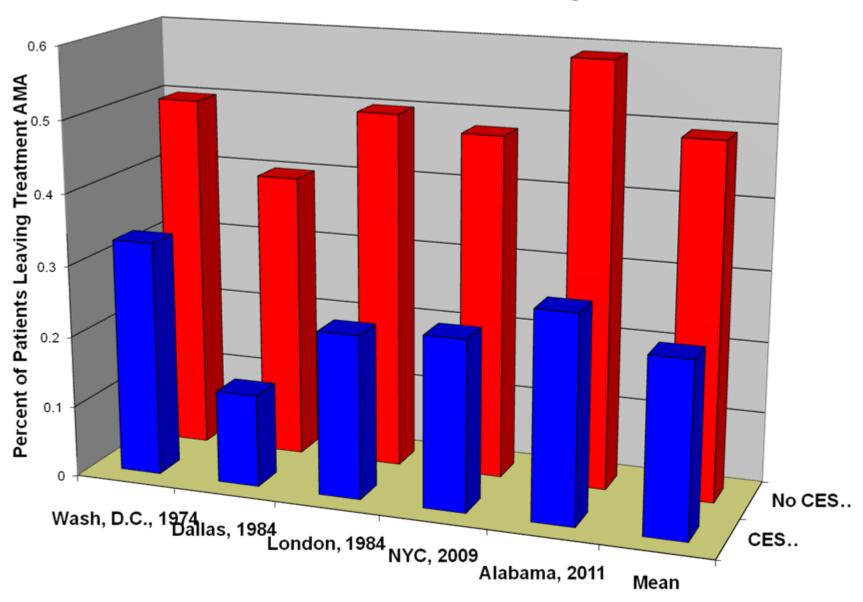


## Cognitive Function Improvement when Stress is Reduced by CES In Closed Head Injured Patients

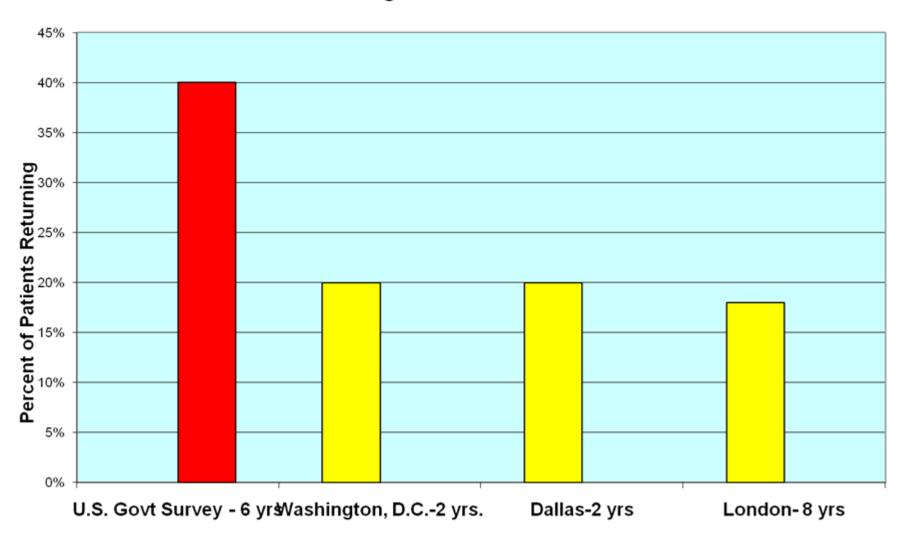


# Summary of Addiction Studies

# The Effect of CES Treatment on Keeping Patients in Addiction Treatment For the Full Treatment Program

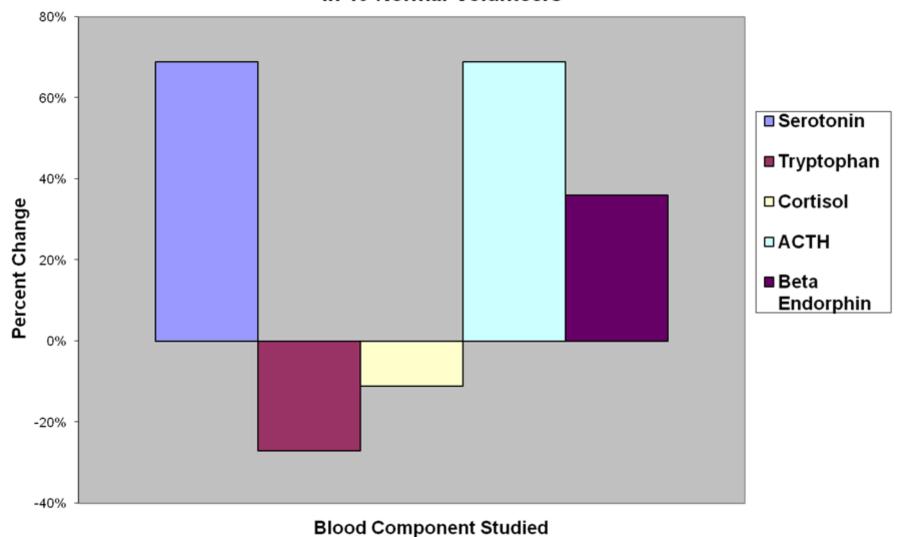


## Recidivism Rates (Return for Additional Drug Treatment) Among CES Treated Substance Abusers

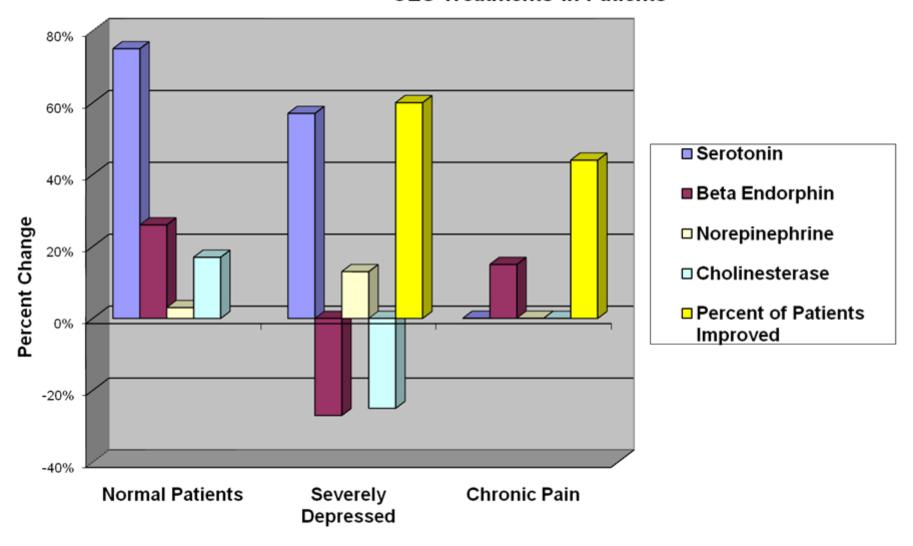


# **Blood and CSF Studies**

### Changes in Blood Components after 20 Minutes of CES Stimulation in 15 Normal Volunteers



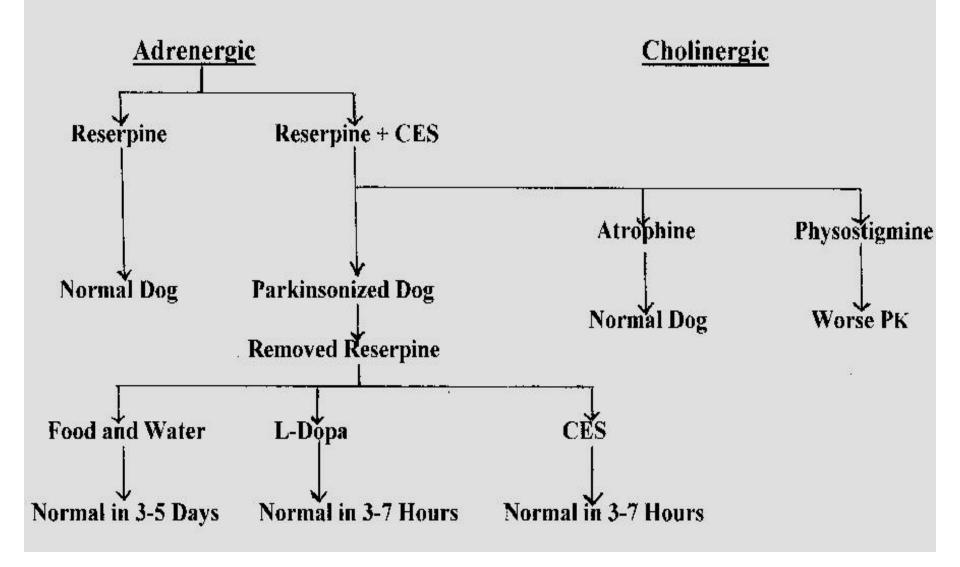
### The Effects of 20 Minutes of CES in Normals and 14, 20 Minute CES Treatments in Patients



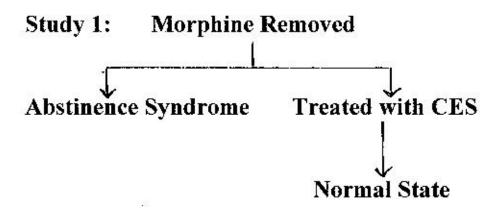
# Studies of the Mechanism of Action

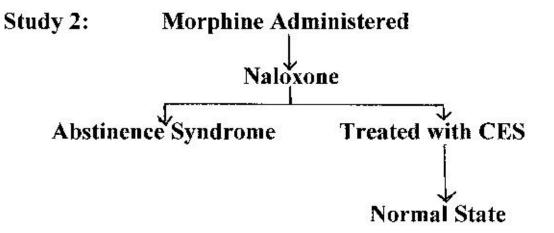
#### Dr. Pozos Sought to See if CES Stimulates Dopamine in the Brain of Dogs

He Looked at the Balance Between the Adrenergic and Cholinergic Systems in the Brain

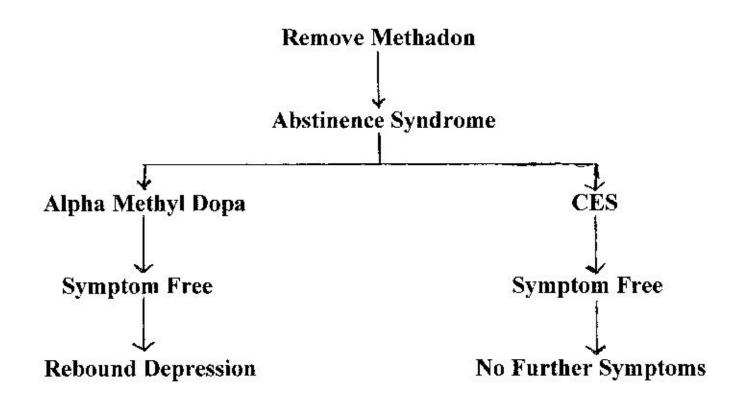


#### Dougherty Studied The Effects of CES in Morphine Addicted Rats

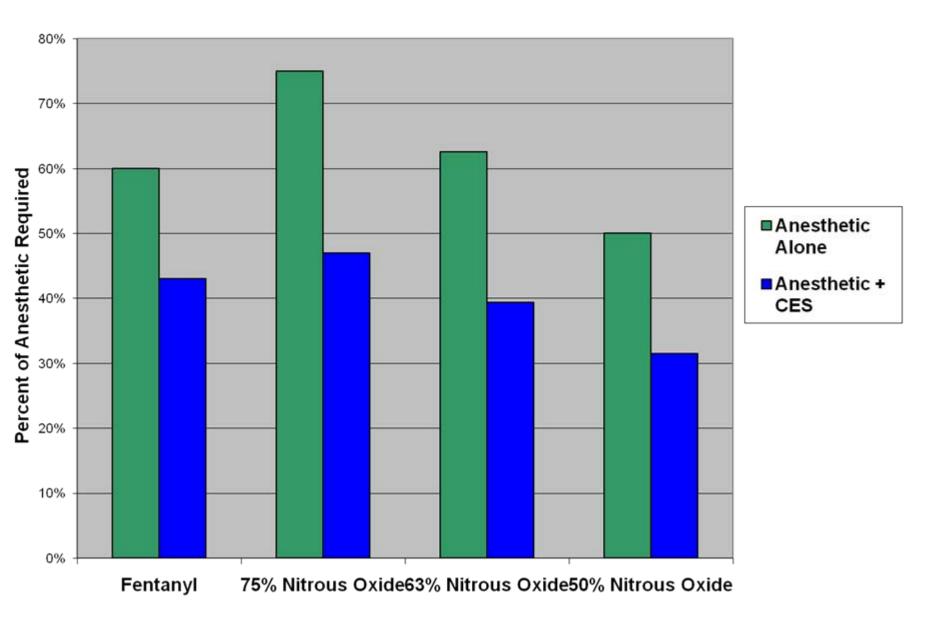




# Dr. Mark Gold Studied the Effects of CES Treatment With Heroin Addicts Withdrawing from Methadon In His Clinic in New Jersey

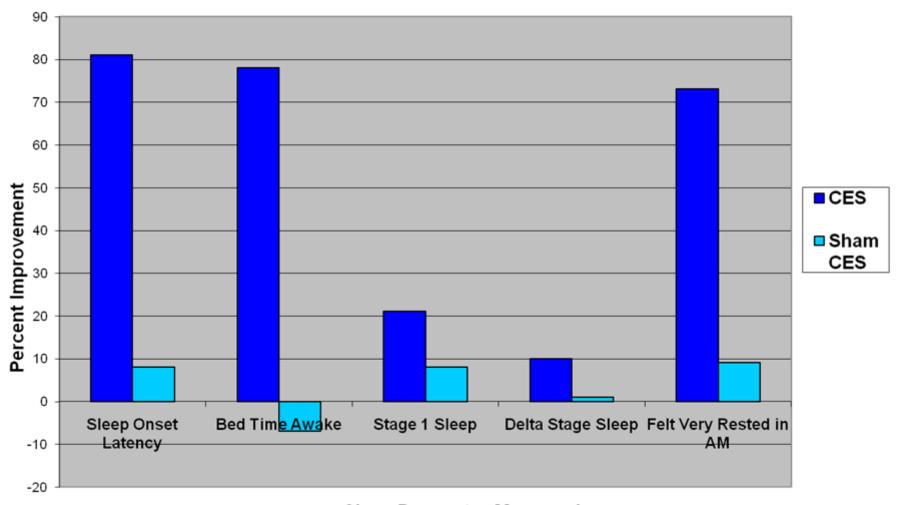


#### The Potentiation of Anesthetics with CES



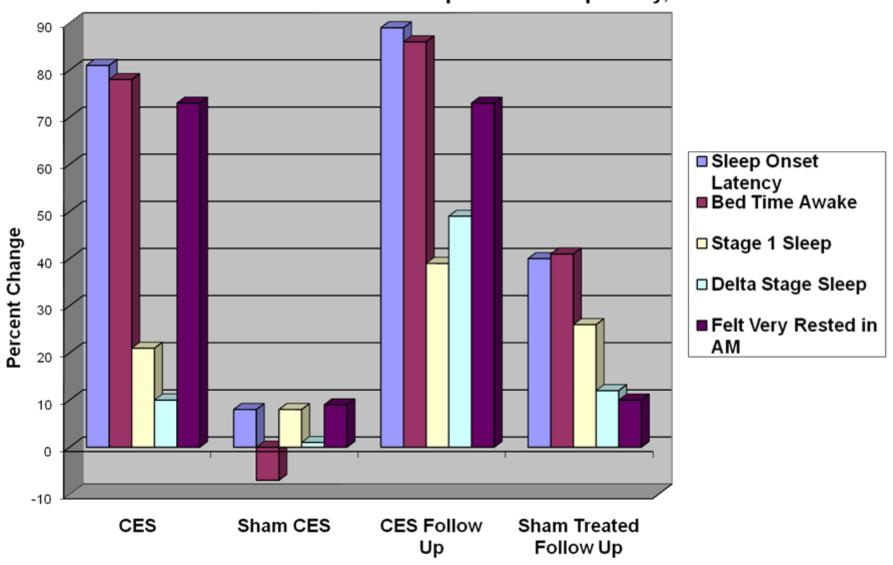
# Follow Up Studies

## EEG Study of Sleep Improvement Following CES Treatment 30 Minutes Daily for 10 Days

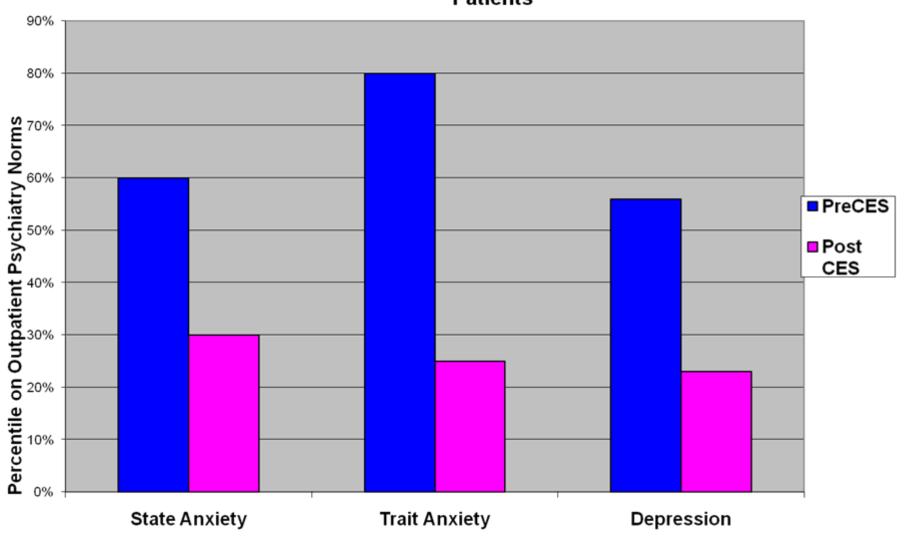


**Sleep Parameter Measured** 

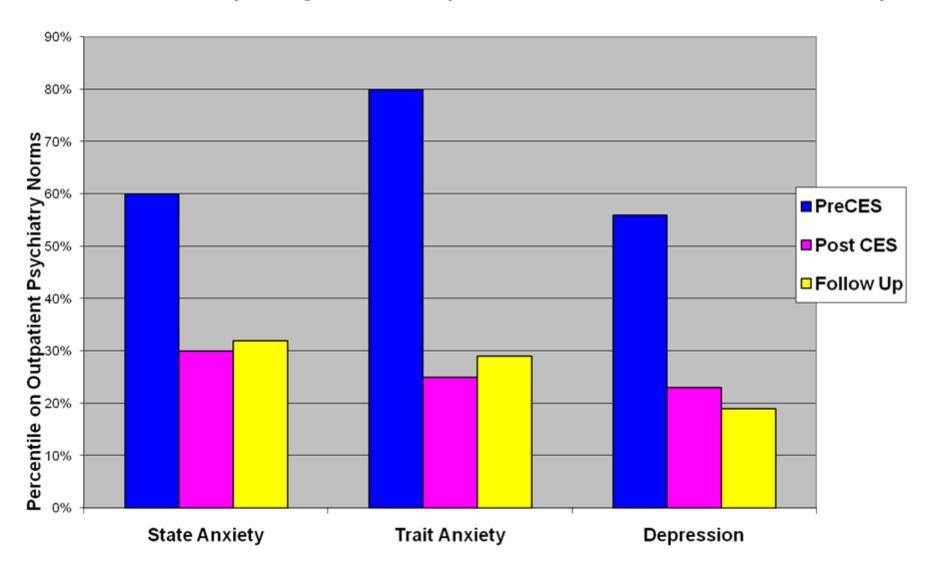
Two Year Follow Up of EEG Sleep Study, N = 10



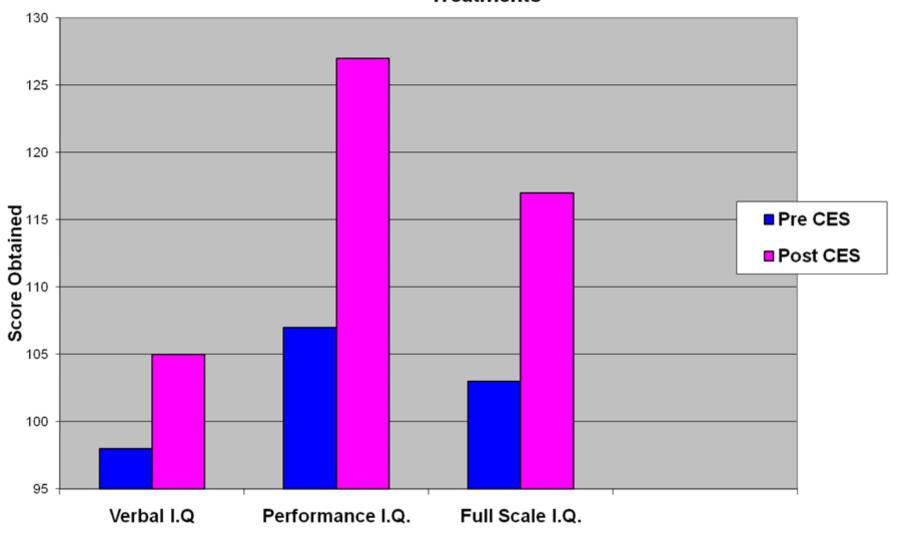
### Psychological Scores pre and Post 15 Days of CES in 23 ADHD Patients



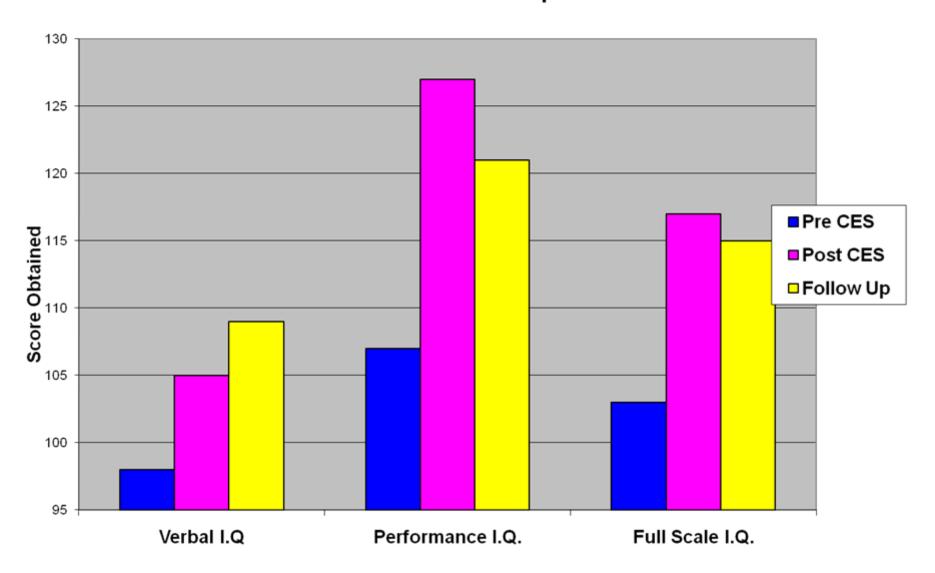
#### Psychological Scores by 21 ADHD Partients on 18 Month Follow Up



Changes in I.Q. Scores Among 23 ADHD Patients Following 15 CES Treatments



#### I.Q. Scores On 18 Month Follow Up of 21 CES Treated ADHD Patients

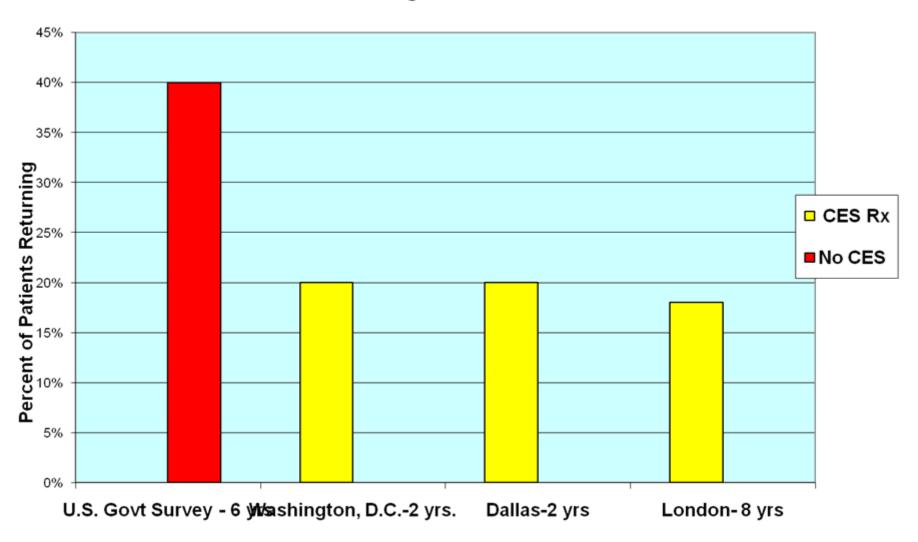


# The Safety of CES

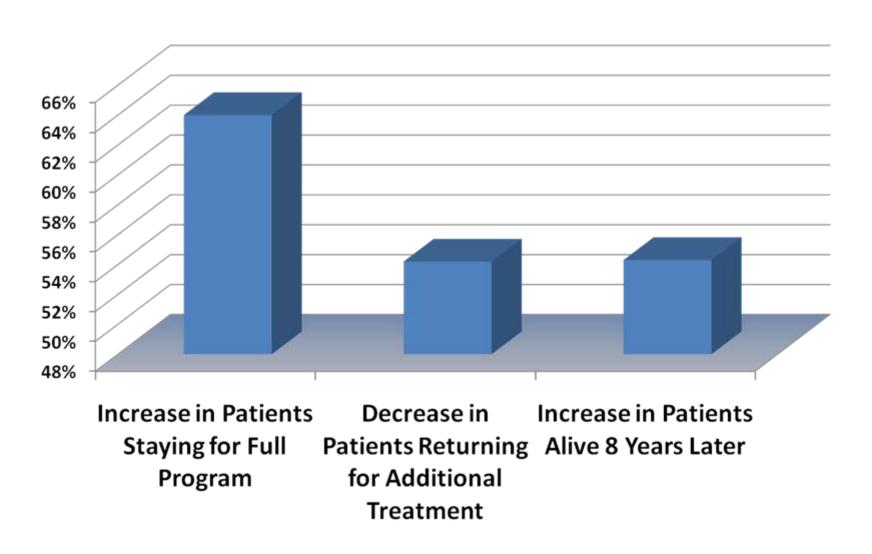
In the treatment of more than 100,000 patients in the U.S. with CES there has never been a seizure reported.

This was true even among known seizure patients such as withdrawing addicts and closed head injured subjects

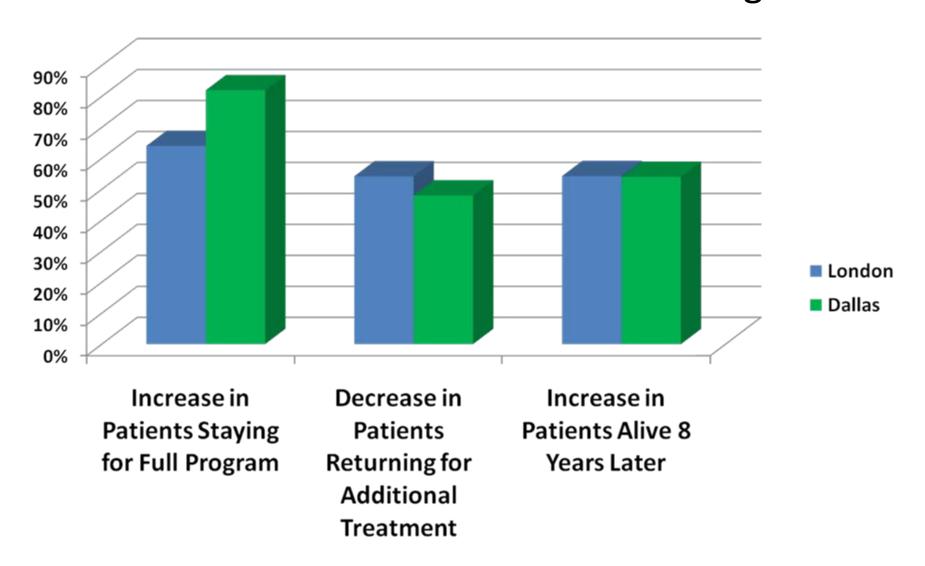
## Recidivism Rates (Return for Additional Drug Treatment) Among Treated Substance Abusers



# CES Patients Compared With London Norms for Non CES Treated Patients



# Comparable Patient Statistics Between London and Dallas CES Addiction Treatment Programs



# Recommendations

#### **CES Be Classified in Class II for**

#### 1.Stress:

- A. Depression
- **B.** Anxiety
- C. Insomnia
- **D. Cognitive Dysfunction**
- 2. Treatment of Addiction
- 3. Adjunctive Treatment for Pain